

# I AM THE BREAD OF LIFE



**First Church**  
First United Methodist Church of Seattle

First United Methodist Church of Seattle is a progressive faith community offering a place to grow spiritually and a refuge of inclusive Christianity. We use our voices and energy to advocate for persons on society's margins and for all God's creation.

**- GATHERING -**

**Prelude** *Love Divine, All Loves Excelling* - arranged by Elisabeth Ellis, pianist

**\* Call to Worship** (Source: *enfleshed*) Kurt Armbruster

Love incarnate has come that we might  
have life, and have it, not stingily or  
wearily,

needs into physical and spiritual,

**She calls every part of us worthy of  
sacred fulfillment.**

**but spaciosly and full of delight.**

Where there is soulful living and holistic  
care,

The Bread of Life has come that we  
might be filled; She does not divide our

**The Spirit of Christ is among us.**

**\* Opening Hymn** TFWS 2229 “Somos Uno en Christo” (We are one in Christ Jesus)

**\* Passing of the Peace** Kurt Armbruster

The peace of Christ be with you. **And also with you.**

**Welcome and Announcements** Rev. Jackie Celin

**Land Acknowledgement** Kurt Armbruster

**- CENTERING -**

**Lighting the Community Candle** Kurt Armbruster

Whoever you are, wherever you find yourself today,  
across the spectrum of human existence, sexuality, identity, ability, or privilege;  
in a world full of questions, doubts, and a climate in crisis;  
may this community be a place of companionship and healing for you.  
Know this: There is nothing that can separate you from God’s all-embracing love.  
Christ invites you – Christ invites us – to find him in worship and celebration today.

**Special Music** *Give Me Jesus* - traditional spiritual, arr. Moses Hogan  
Tess Altiveros, soloist; Elisabeth Ellis, pianist

**Prayers of the People** Kurt Armbruster

**Prayer Response** TFWS 2200 O Lord, Hear My Prayer sung 1X

O Lord, hear my prayer.  
O Lord, hear my prayer  
When I call, answer me.  
O Lord, hear my prayer.  
O Lord, hear my prayer.  
Come and listen to me.

**- PROCLAIMING -**

**New Testament Reading**                      **Ephesians 4:1–16 (NRSVUE)**                      **April Little**

**Gospel Reading**                                  **John 6:24–35 (NRSVUE)**                      **Teresa Canady**

This is the word of Life.

**Thanks be to God.**

**Sermon**    **Let's Eat**    **Rev. Wongee Joh**

**- RESPONDING -**

**Invitation to the Offering**    **Kurt Armbruster**

**Offertory**    **Come, Share the Lord - Bryan Jeffery Leech**  
**Tess Altiveros, soloist; Elisabeth Ellis, pianist**

**\* Offering Response**                      **UMH 628 "Eat This Bread" sung 2x**

Eat this bread, drink this cup,  
Come to me and never be hungry.

Eat this bread, drink this cup,  
Trust in me and you will not thirst.

**The Sacrament of Holy Communion**    **Rev. Wongee Joh & Rev. Sharon Moe**

**\*\*The Lord's Prayer (sung to UMH #271):**  
**Our Creator, who art in heaven, hallowed**  
**be thy name.**  
**Thy kingdom come, thy will be done on**  
**earth as it is in heaven.**  
**Give us this day our daily bread.**

**And forgive us our trespasses, as we**  
**forgive those who trespass against us.**  
**And lead us not into temptation, but**  
**deliver us from evil.**  
**For thine is the Kingdom, and the power,**  
**and the glory, forever.**

**- SENDING -**

**Call to Discipleship**    **Rev. Jackie Celin**

**\* Closing Hymn**    **UMH 620 "One Bread, One Body"**

**Blessing and Sending**    **Rev. Wongee Joh**

**Postlude**    **Improvisation on "The Church's One Foundation"**      **Elisabeth Ellis, organist**

*\*All may stand as able.*

*\*\*You are invited to use the translation of the Lord's Prayer with which you are most comfortable. Our Thanks to Those Helping in Worship: Lay Worship Leader, Kurt Armbruster; Reader, April Little; Reader, Teresa Canady; Communion Steward, Teresa Canady; Greeter, Candy Bonham; Music, Elisabeth Ellis; Audio-Visual Operator, Laura Celin*

## ANNOUNCEMENTS

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**Wifi Reset:** Please note, our WIFI network was recently updated. If you previously had your devices connected via our WIFI network, you will need to re-enter the password. It is the same password as before. It will be available in the Narthex.

**Need a Nametag?:** Please scan the qr code and submit a request to receive a nametag! Once you fill out the request, you'll find your nametag on the welcome table in the Narthex.



**Dismantling Racism Group Book Study | Tuesdays in September:** Mark your calendars for this upcoming book study in September on the book *When God Became White: Dismantling Whiteness for a More Just Christianity*, by author Rev. Dr. Grace Ji-Sun Kim. Registration is now open. Refer to the e-news. Register by August 20th.

**Pub Theology: August 18 at Noon:** Come join the conversation as we discuss faith and life after service at Queen Anne Beer Hall on August 18th. All are welcome, hosted by Vintners. Please RSVP under events on our website.



**Annual Report:** Please take a look and read about the ways we lived out First Church's mission and values over the last program year. There are still opportunities to participate in our various ministry teams this program year. As you read through the annual report, if you are feeling called towards any of these areas, please reach out to [jackie@firstchurchseattle.org](mailto:jackie@firstchurchseattle.org), and we'll look into the best way to get you connected with the work!



**Thank you for your offerings and Communication Cards!** You can drop them in the offering plate or make a gift online by using the QR code with your smartphone, or at [FirstChurchSeattle.org/give](https://FirstChurchSeattle.org/give)



## ABOUT US

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We're called "First Church" because we are Seattle's first congregation, established in 1853. We cherish our place in Seattle's past, present, and future. First Church is a proud member of the **Reconciling Ministries Network**, a community "*committed to intersectional justice across and beyond the United Methodist connection, working for the full participation of all LGBTQ+ people throughout the life and leadership of the Church.*"

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