

# I AM THE BREAD OF LIFE



**First Church**  
First United Methodist Church of Seattle

First United Methodist Church of Seattle is a progressive faith community offering a place to grow spiritually and a refuge of inclusive Christianity. We use our voices and energy to advocate for persons on society's margins and for all God's creation.

First United Methodist Church of Seattle  
180 Denny Way Seattle, WA 98109

August 18, 2024  
Thirteenth Sunday after Pentecost

**- GATHERING -**

**Prelude**      *Guide Me, O Thou Great Jehovah*      arranged by Elisabeth Ellis, pianist

**\* Call to Worship**      *(Source: enfleshed)*      **Jerry Roberson**

When we co-create abundance,  
**the Spirit of the Living Christ is  
among us.**

When we pull back the curtain on the lie  
of scarcity,

**the Spirit of the Living Christ is  
among us.**

When we make the shared table of  
nourishment accessible,

**the Spirit of the Living Christ is  
among us.**

Let us Gather in the Spirit of the Living  
Christ

**\* Opening Hymn**      **WS 3040 "You Are My All in All"**

**\* Passing of the Peace**      **Jerry Roberson**

The peace of Christ be with you. **And also with you.**

**Welcome and Announcements**      **Rev. Wongee Joh**

**Land Acknowledgement**      **Jerry Roberson**

**- CENTERING -**

**Lighting the Community Candle**      **Jerry Roberson**

Whoever you are, wherever you find yourself today,  
Across the spectrum of human existence, sexuality, identity, ability, or privilege;  
In a world full of questions, doubts, and a climate in crisis;  
May this community be a place of companionship and healing for you.  
There is nothing that can separate us from God's all-embracing love.  
Christ invites you – Christ invites us – to find him in worship and celebration today.

**Special Music**      ***Holy Manna* - Joel Raney**  
**Sanctuary Choir; Elisabeth Ellis, director and pianist**

**Prayers of the People**      **Jerry Roberson**

**Prayer Response**      **TFWS 2193 Lord, Listen to Your Children Praying**

Lord, listen to your children praying,  
Lord, send your Spirit in this place;  
Lord, listen to your children praying,  
send us love, send us power, send us grace.

- PROCLAIMING -

New Testament Reading                      Ephesians 5:15-20 (NRSVUE)                      Claire Gebben

Gospel Reading                                  John 6:51-58 (NRSVUE)                                  Violet Boyer

This is the word of Life.  
Thanks be to God.

Sermon    *All In*    Rev. Wongee Joh

- RESPONDING -

Invitation to the Offering    Jerry Roberson

Offertory    *Panis Angelicus - César Franck*  
Don Crawley, soloist; Elisabeth Ellis, pianist

Communion Hymn                                  UMH 641 "Fill my cup, Lord"

Fill my cup, Lord, I lift it up, Lord.  
Come and quench this  
thirsting of my soul.

Bread of heaven,  
feed me till I want no more;  
fill my cup, fill it up and make me whole.

The Sacrament of Holy Communion    Rev. Wongee Joh & Barbara Moreland

**\*\*The Lord's Prayer**  
Our Creator, who art in heaven, hallowed  
be thy name.  
Thy kingdom come, thy will be done on  
earth as it is in heaven.  
Give us this day our daily bread.

And forgive us our trespasses, as we  
forgive those who trespass against us.  
And lead us not into temptation, but  
deliver us from evil.  
For thine is the kingdom, and the power,  
and the glory, forever.

- SENDING -

Call to Discipleship    Rev. Wongee Joh

\* Closing Hymn                                      TFWS 2062 "The Lily of the Valley"

Blessing and Sending    Rev. Wongee Joh

Postlude    *Postlude-Cantique - Théodore Dubois*  
Elisabeth Ellis, organist

*\*Please stand if you are able, body and spirit*  
*\*\*You are invited to use the translation of the Lord's Prayer with which you are most comfortable. Our Thanks to Those Helping in Worship: Lay Worship Leader, Jerry Roberson; Reader, Claire Gebben; Reader, Violet Boyer; Communion Steward, Violet Boyer; Assisting with Communion, Barbara Moreland; Greeter, Beth Snyder; Audio-Visual Operator, Isaac Pruden/Ben Kim*

## ANNOUNCEMENTS

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**Get to know Pastor Wongee:** Pastor Wongee is doing a series of meet-and-greets in small groups at congregants homes. The first is at Barbara and Tom's house in Everett at 6pm on Thursday 8/29. Space is limited, but don't worry if you can't make it. More are coming in the next few months, including digital gatherings for those who can't make it in person.

**Summer Concert Series:** Join us on Sunday, August 25 for a noon recital featuring Tess Altiveros, soprano, and Elisabeth Ellis, pianist. Enjoy snacks in the narthex immediately following the morning service, and then return to the sanctuary for an afternoon program of beloved opera arias and art songs from across the globe.

**Dismantling Racism Group Book Study | Tuesdays in September:** Mark your calendars for this upcoming book study in September on the book *When God Became White: Dismantling Whiteness for a More Just Christianity*, by author Rev. Dr. Grace Ji-Sun Kim. Registration is now open. Refer to the e-news. Register by August 20th.

**Rally Picnic Sunday:** Join us on September 15th after service in the Narthex for our Rally Sunday Picnic for food and fellowship! Use the QR code to sign up. First Church will provide the main dish, congregants are asked to bring side dishes.



**Pub Theology | Today at Noon:** Come join the conversation as we discuss faith and life after service at Queen Anne Beer Hall on August 18th. All are welcome, hosted by Vintners Young Adult group.

**Need a Nametag?:** Please scan the qr code and submit a request to receive a nametag! Once you fill out the request, you'll find your nametag on the welcome table in the Narthex.



**Thank you for your offerings and Communication Cards!** You can drop them in the offering plate or make a gift online by using the QR code with your smartphone, or at [FirstChurchSeattle.org/give](https://www.FirstChurchSeattle.org/give)



## ABOUT US

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We're called "First Church" because we are Seattle's first congregation, established in 1853. We cherish our place in Seattle's past, present, and future. First Church is a proud member of the **Reconciling Ministries Network**, a community *"committed to intersectional justice across and beyond the United Methodist connection, working for the full participation of all LGBTQ+ people throughout the life and leadership of the Church."*

[FirstChurchSeattle.org](https://www.FirstChurchSeattle.org) 206-622-7278 @firstchurchseattle @firstUMCseattle @firstchurchseattle