# I AM THE BREAD OF LIFE





First United Methodist Church of Seattle is a progressive faith community offering a place to grow spiritually and a refuge of inclusive Christianity. We use our voices and energy to advocate for persons on society's margins and for all God's creation. First United Methodist Church of Seattle 180 Denny Way Seattle, WA 98109 August 11, 2024 Twelth Sunday after Pentecost

### - GATHERING -

Prelude	<i>"Holy, Holy, Holy"</i> arranged by Elisabet		abeth Ellis, pianist			
* Call to Worship	(Source: e	enfleshed)		Ann Shaffer		
Where is Liberation inviting us tod	lay?	places of respite?				
Where is Love Luring us?		The Holy meets us in ordinary acts of				
Where is the Spirit longing to mee	et us?	compassion,				
Where are our collaborative effor needed?		They plot with us towards delight,				
		They rejoice when we co-create hope.				
Where can we create with one an	other	Let us me	et Them here tod	ay!		
* Opening Hymn	TFWS 2236	"Gather Us	In"			
* Passing of the Peace				Ann Shaffer		
The peace of Christ be with you. And also with you.						
Welcome and Announcements				Rev. Jackie Celin		
Land Acknowledgement				Ann Shaffer		
- CENTERING -						
Lighting the Community Candle Ann Shaffer						
Whoever you are, wherever you find yourself today, across the spectrum of human existence, sexuality, identity, ability, or privilege;						
in a world full of questions, doubts, and a climate in crisis;						
may this community be a place of companionship and healing for you. Know this: There is nothing that can separate you from God's all-embracing love.						
Christ invites you – Christ invites us – to find him in worship and celebration today.						
Special Music Love Bade Me Welcome - George Herbert and Vaughan Williams						
Tess Altiveros, soloist; Elisabeth Ellis, pianist						
Prayers of the People				Ann Shaffer		
<i>, , , , , , , , , ,</i>	2200 O Lo	rd, Hear My	Prayer			
O Lord, hear my prayer. O Lord, hear my prayer						
When I call, answer me.						
O Lord, hear my prayer. O Lord, hear my prayer.						
Come and listen to me.						

#### - PROCLAIMING -

		During the li			
New Testament Reading	Ephesians 4:25-5:2 (NRSVUE)		Bruce Hall		
Gospel Reading	<b>John 6:35, 41-51</b> (NR	John 6:35, 41-51 (NRSVUE)			
This is the word of I <b>Thanks be to God.</b>	Life.				
Sermon	My Flesh	My Flesh			
- RESPONDING -					
Invitation to the Offering			Ann Shaffer		
Offertory The Call - Vaughan Williams Tess Altiveros, soloist; Elisabeth Ellis, pianist					
* Communion Hymn	UMH 641 "Fill my cup	, Lord"			
Fill my cup, Lord, I lift it up, Lord. Come and quench this thirsting of my soul.		Bread of heaven, feed me till I want no more; fill my cup, fill it up and make me whole.			
The Sacrament of Holy Communion		Rev. Wongee Joh & Rev. Sharon Moe			
**The Lord's Prayer (sung to UMH #271): Our Creator, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread. - SENDING -		And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the Kingdom, and the power, and the glory, forever.			
Call to Discipleship			Rev. Jackie Celin		
* Closing Hymn TFWS 2225 "Who Is My Family"					
Blessing and Sending			Rev. Wongee Joh		
Postlude	Postlude Improvisation on "H	loly Manna"	Elisabeth Ellis, organist		
*All may stand as able.					

\*\*You are invited to use the translation of the Lord's Prayer with which you are most comfortable. Our Thanks to Those Helping in Worship: Lay Worship Leader, Ann Shaffer; Reader, April Little; Reader, Teresa Canady; Communion Steward, Violet Boyer; Assisting with Communion, Kathryn Everett; Greeter, Karen McOmber; Music, Elisabeth Ellis; Audio-Visual Operator, Laura Celin

## ANNOUNCEMENTS

**Wifi Reset:** Please note, our WIFI network was recently updated. If you previously had your devices connected via our WIFI network, you will need to re-enter the password. It is the same password as before. It will be available in the Narthex.

**Get to know Pastor Wongee:** Over the next few months different members of the congregation will be hosting informal gatherings to allow the congregation to get to know Pastor Wongee. Watch for a chance to sign up in upcoming newsletters. Questions? Contact Chris Russell or a member of the Connecting our Community Committee.

**Need a Nametag?:** Please scan the qr code and submit a request to receive a nametag! Once you fill out the request, you'll find your nametag on the welcome table in the Narthex.

**Dismantling Racism Group Book Study |Tuesdays in September:** Mark your calendars for this upcoming book study in September on the book When God Became White: Dismantling Whiteness for a More Just Christianity, by author Rev. Dr. Grace Ji-Sun Kim. Registration is now open. Refer to the e-news. Register by August 20th.

**Pub Theology: August 18 at Noon:** Come join the conversation as we discuss faith and life after service at Queen Anne Beer Hall on August 18th. All are welcome, hosted by Vintners. Please RSVP under events on our website.

**Annual Report:** Please take a look and read about the ways we lived out First Church's mission and values over the last program year. There are still opportunities to participate in our various ministry teams this program year. As you read through the annual report, if you are feeling called towards any of these areas, please reach out to jackie@firstchurchseattle.org, and we'll look into the best way to get you connected with the work!

**Thank you for your offerings and Communication Cards!** You can drop them in the offering plate or make a gift online by using the QR code with your smartphone, or at FirstChurchSeattle.org/give

## ABOUT US

We're called "First Church" because we are Seattle's first congregation, established in 1853. We cherish our place in Seattle's past, present, and future. First Church is a proud member of the **Reconciling Ministries Network**, a community "committed to intersectional justice across and beyond the United Methodist connection, working for the full participation of all LGBTQ+ people throughout the life and leadership of the Church."

🔺 FirstChurchSeattle.org 🛛 206-622-7278 📕 @firstchurchseattle Ў @firstUMCseattle 🖲 @firstchurchseattle





