



GOING THE M.I.L.E.

First Church
First United Methodist Church of Seattle

First United Methodist Church of Seattle is a progressive faith community offering a place to grow spiritually and a refuge of inclusive Christianity. We use our voices and energy to advocate for persons on society's margins and for all God's creation.

First United Methodist Church of Seattle
180 Denny Way Seattle, WA 98109

January 28, 2024
Fourth Sunday after the Epiphany

- GATHERING -

Prelude *Take My Life and Let It Be Consecrated* Elisabeth Ellis, Pianist

*** Call to Worship** (Source: enfleshed) **Peter Jabin**

Inspiring Love,
Awakening Lifeorce,
Heart-Opening Beauty,
Surprising Wonder—
Change us.
Turn us around.
Beckon us.

Compel us.
The Way of Life calls us towards
transformation!
**Asks us to fling wide the gate of
possibility!**
Let us worship God!

*** Opening Hymn** UMH 100 “God Whose Love Is Reigning O’er Us”

*** Passing of the Peace** **Peter Jabin**
The peace of Christ be with you. **And also with you.**

Welcome and Announcements **Rev. Jeremy**

- CENTERING -

Lighting the Community Candle **Peter Jabin**

Whoever you are, wherever you find yourself today,
across the spectrum of human existence, sexuality, identity, ability, or privilege;
in a world full of questions, doubts, and a climate in crisis;
may this community be a place of companionship and healing for you.
Know this: There is nothing that can separate you from God’s all-embracing love.
Christ invites you – Christ invites us – to find him in worship and celebration today.

Special Music *I’m Gonna Live So God Can Use Me*
Sanctuary Choir; Elisabeth Ellis, Director and Pianist

Prayers of the People **Peter Jabin**

Prayer Response UMH #402 verse 4 “Lord, I Want to Be a Christian”

Lord, I want to be like Jesus in my heart, in my heart;
Lord, I want to be like Jesus in my heart. (In my heart)
In my heart, (in my heart) in my heart, (in my heart)
Lord, I want to be like Jesus in my heart. (In my heart)

- PROCLAIMING -

Introducing the Scriptures		Rev. Jeremy
New Testament Reading	Ephesians 3:14-21 (NRSVue)	Isaac Pruden
Gospel Reading	Mark 1:21-28 (NRSVue)	Violet Boyer
	This is the word of Life. Thanks be to God.	
Sermon	Called to Itineracy...Location, Location, Location!	Rev. Jeremy

- RESPONDING -

Invitation to the Offering		Peter Jabin
Offertory	<i>Be Still My Soul</i>	Tess Altiveros, soloist; Elisabeth Ellis, pianist
* Offering Response	UMH 473 “Lead Me, Lord”	
	Lead me, Lord, lead me in thy righteousness; make thy way plain before my face.	For it is thou, Lord, thou, Lord only, that makest me dwell in safety. [repeat]
Call to Discipleship		Rev. Jeremy
Prayer of Confession	#488 UMBOW (adapted)	Peter Jabin
The Sacrament of Holy Communion		Rev. Jeremy
	**The Lord’s Prayer: Our Father, who art in heaven, hallowed be thy Name. Thy kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen	
* Closing Hymn	UMH 548 “In Christ There Is No East or West”	
* Blessing & Sending		Rev. Jeremy
Postlude	<i>Improvisation on “All Who Love and Serve Your City”</i>	Elisabeth Ellis, organist

**All may stand as able.*

***You are invited to use the translation of the Lord’s Prayer with which you are most comfortable. Our Thanks to Those Helping in Worship: Lay Worship Leader, Peter Jabin; Reader, Isaac Pruden; Reader, Violet Boyer; Communion Steward, Violet Boyer; Front Door Greeter, Shawn Smith; Music, Elisabeth Ellis; Audio-Visual Operator, Laura Celin*

ANNOUNCEMENTS

Sunday Morning Class: Join us on Sunday mornings at 9am in discussing *See No Stranger* by Valerie Kaur. Register at firstchurchseattle.org/upcoming-events/

Volunteers Needed | Deep Clean & Reorganization of Church: We are in need of volunteers for two different shifts on Saturday, February 3rd: 9am-12pm & 12pm-3pm.



Cookbook Club | January 28: The Cookbook Club kickoff is moved to February. Thank you for signing up, more details later!

Pride & Faith | Fellowship Lunch today! Meet in the Narthex at 11:45am (immediately following the service) and we'll walk over together to Plaza Garibaldi.



Prayer Shawl Group | Today after Service: All levels of knitters and crocheters are welcome! Meet us following the service in room 301.



Lunch & Learn: Get Out the Vote: The Church and Society/Social Justice Committee is sponsoring a Lunch and Learn on Sunday, February 4 from 12pm to 1pm with guest speakers Lisa Wyler and Megan Krampitz, the Washington State Organizers for Reclaim Our Vote (ROV). Learn more at firstchurchseattle.org/upcoming-events/ or scan the qr code.



New Sermon Series | Going the M.I.L.E.: Join us for four weeks of reflections on Bishop Cedrick's call to the northwest United Methodists to do Ministry that matters, practice Itineracy in locations, empower Laity, and End Racism. See you on Sundays at 10:30am!

Adult Confirmation Class for Lent! Open to adults seeking baptism or longtime members wanting a refresher on United Methodist basics, our Adult Confirmation Class will coincide with the youth class this Lent 2024 (February and March evenings). Register at firstchurchseattle.org/news/



Pax Christi Yoga Our Saturday @ 9am classes are free, open to everyone. To join in, email Sharon at PaxChristiYoga@firstchurchseattle.org



Food Services Volunteers Needed: If you are interested in volunteering for hosting opportunities for Coffee Hour and Lunch and Learn activities, scan with the QR code or visit firstchurchseattle.org/news/



Thank you for your offerings and Communication Cards! You can drop them in the offering plate or make a gift online by using the QR code with your smartphone, or at FirstChurchSeattle.org/give



ABOUT US



We're called "First Church" because we are Seattle's first congregation, established in 1853. We cherish our place in Seattle's past, present, and future. First Church is a proud member of the **Reconciling Ministries Network**, a community "*committed to intersectional justice across and beyond the United Methodist connection, working for the full participation of all LGBTQ+ people throughout the life and leadership of the Church.*"

FirstChurchSeattle.org 206-622-7278 [@firstchurchseattle](https://www.facebook.com/firstchurchseattle) [@firstUMcseattle](https://twitter.com/firstUMcseattle) [@firstchurchseattle](https://www.instagram.com/firstchurchseattle)